

BRITISH CUISINE

Jindřich Bláha









INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

Výukový materiál zpracován v rámci projektu EU peníze školám

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ANOTACE:

ŽÁCI VYJMENUJÍ A POPÍŠÍ TYPICKÁ BRITSKÁ JÍDLA.

HAGGIS

• It is the national food of Scotland made of lamb's <u>innards</u>. These include <u>lungs</u>, <u>liver and heart</u> all packed into sheep's <u>stomach</u>. It is mixed then with different spices and herbs, onion and <u>suet</u> hard fat from around an animal's <u>kidneys</u> that is used for cooking It is traditionally served with <u>mashed turnip</u>.

WHISKY

- An alcoholic drink produced in Scotland
- It is made from <u>barley</u>.
- From Gaelic *uisge beatha* "whisky," literally "water of life" (etymonline.com)
- Whiskies do not mature in the bottle, only in the <u>cask</u>, so the "age" of a whisky is the time between distillation and bottling. This takes at least 3 years.

FISH AND CHIPS

- The national world-known take-away dish with origins in the 19th century.
- Fried fish was introduced through Jewish imigrants from Portugal and Spain
- Haddock and cod are traditionally the fish used for this dish but many other kinds of fish are used too.
- Tartar sauce and vinegar are popular condements.

INDIAN CUISINE

- "A true British national dish" is of Indian origin and is called Chicken Tikka Masala. One in five Brits now have it at least once a week
- Other Indian dishes are popular throughout the country such as Curry, Chutney, Korma, Vinadloo.
- There is also a specific branch of Anglo-Indian cuisine.

BEVERAGES

- **Tea** in Britain is traditionally brewed in a warmed china <u>teapot</u>, adding one <u>spoonful of</u> tea per person and one for the pot. Most Britons like their tea strong and dark, but with a lot of milk.
- Cider is an alcoholic drink made from apples.

BEER

- Bitter (pale ale)
- Mild
- Brown ale
- Old ale
- Lager
- Stout

LANGUAGE FOCUS – FOOD IDIOMS

EXPLAIN THE MEANING OF THESE IDIOMS

- Choosing a location for our new store is a hot potato right now.
- The exam was a **piece of cake**.
- I don't think Anna will come to the pub because she has a **bun in the oven**.
- Comedies and pantomimes are the **bread and butter** of the local theatre.
- Opera isn't exactly my **cup of tea**.

LANGUAGE FOCUS – FOOD IDIOMS

piece of cake

= very easy

hot potato

= a controversial or difficult subject

o (not my) cup of tea

= something you
enjoy (usually used
negatively)

bread and butter

= necessities, the main
thing

o (have a) bun in the oven

= be pregnant

SOURCES

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