



CZECH AND BRITISH CUISINE

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INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

**Výukový materiál zpracován v rámci projektu
EU peníze školám**

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ANOTACE:

VYJMENUJE PŘÍKLADY TYPICKÉHO STRAVOVÁNÍ V ANGLICKÉM A ČESKÉM PROSTŘEDÍ



LANGUAGE FOCUS

- Fill in the correct word:

FOOD

MEAL

DISH

- Italians often start with pasta and then the main _____ follows.
- Pasta is my favourite _____.
- I usually have three _____ a day
- Breakfast is the most important _____ of the day
- Svíčková is a typical Czech _____.
- Go buy some _____!



- Italians often start with pasta and then the main **dish** follows.
- Pasta is my favourite **food**.
- I usually have three **meals** a day
- Breakfast is the most important **meal** of the day
- Svíčková is a typical Czech **dish**
- Go buy some **food**!



BREAKFAST

○ UK:

For British, it is common to have breakfast at around 7 to 9. It is the most important meal of the day.

There is a typical breakfast dish referred to as **FULL ENGLISH BREAKFAST**. It consists of eggs, bacon, sausages, fried bread, baked beans and mushrooms. Even though not many people will eat this for breakfast today, it is always served in hotels and guest houses around Britain.



BREAKFAST

○ CZECH REPUBLIC:

The Czechs would have pastry like bread, rolls or buns with some salami, ham or cheese for breakfast. They also like to have something sweet for breakfast - *vánočka* (braided bread traditionally made at Christmas time = *Vánoce*) with honey, jam or marmelade would be a good example.



LUNCH

- **UK:**
- The British usually eat their lunch at work. This packed lunch typically consists of a sandwich, a packet of crisps, a piece of fruit and a drink
- Some common sandwiches are cucumber s., cheese s., crisp s. etc.



LUNCH

○ CZECH REPUBLIC

Traditional Czech lunch consists of two courses. The first one is soup. Goulash, garlic, cabbage, potato or *dršťková* which is made from pork tripes.

The second course is predominantly meat-based. Typical animals for consumption are **pig, cow and chicken**.

How do we call meat of these animals?



LUNCH

- *Svíčková* is stewed beef sirloin served with dumplings and a sauce made of root vegetables (celaric, carrot , parsley root). Sweet whipped cream and cranberry compote often goes on the top of it.
- *Řízek* – slices of pork, veal or chicken in *trojobal* which is a crust made of flour, eggs and breadcrumbs fried in oil.
- *Guláš* - beef-stew in a sauce made of onion and paprika spice.



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